

CURRICULUM VITAE
RUTH M. ALBERTYN
(2012)

SUMMARY OF EXPERIENCE

- Seven years as research associate at the Centre for Higher and Adult Education Stellenbosch University
- Research and development consultant in fields of Higher Education, Adult Education and Programme Evaluation in both for formal and non-formal settings
- Seventeen years experience lecturing at University of the Western Cape and Stellenbosch University on under- and post-graduate level
- Three years as community developer and nutrition educator in rural KwaZulu Natal
- Four years as a high school teacher

EDUCATION AND QUALIFICATIONS

1979:	Westerford High School, Cape Town	Matriculated with Matric exemption
1983:	Stellenbosch University	<u>Degree:</u> B. in Consumer Science (Ed).
1991:	Stellenbosch University	<u>Degree:</u> Hon. in Consumer Science <u>Subjects:</u> Non-formal Education, Community Nutrition and Housing <u>Research project:</u> "Evaluation of the Home Economist's contribution to increase knowledge in a week-long holistic approach education clinic for rural diabetics in KwaZulu"
1995:	Stellenbosch University	<u>Degree:</u> Master's in Consumer Science [cum laude] <u>Thesis:</u> "The effect of a training programme on the empowerment status of women."
2000:	Stellenbosch University	<u>Degree:</u> Ph.D. (Adult Education) <u>Dissertation:</u> "Conceptualisation and measurement of the empowerment of workers: an educational perspective"
2009	Stellenbosch University	Postgraduate Diploma in Monitoring and Evaluation

PROFESSIONAL EXPERIENCE

1984-87 School teacher: Senior teacher at Settlers High School,

		Bellville
1988-90	<u>Community Developer:</u>	Nutrition educator employed partly by Natal Provincial Administration, Emmaus Hospital in rural KwaZulu Natal, and partly by the Emmaus Community Project. Work included facilitating support groups and co-ordinating field- and follow-up work in the community and nutrition counselling in the hospital and community and in training paraprofessionals.
1991-2007	<u>Lecturer:</u>	Lecturer in the Human Ecology Department, University of the Western Cape (UWC)
1998-99 & 2001-05	<u>Part-time lecturer:</u>	Part-time lecturer in Adult Education for 3 rd , 4 th year and postgraduate students, Consumer Science Department, Stellenbosch University (SU)
2001-2012	<u>Researcher/consultant/ research capacity building/ lecturer</u>	Private companies, NGOs, Infant Feeding Research Project, Language survey (Centre for Teaching and Learning, SU); Centre for Higher and Adult Education (SU); Critical reader for writing for publication workshops; Lecturing Master's research module Cape Peninsular University of Technology Business management students; Capacity building for HIV/AIDS health workers (Stellenbosch University short course), Capacity building workshops on Postgraduate Supervision, Conducting Interviews and Focus Groups, Action Research for Community engagement, Proposal writing, Introduction to using ATLAS.ti for Qualitative Data analysis. Lecturing research methods to post graduate certificate of education students (Stellenbosch University). Lecturing Research Methods to MPhil (Coaching students at the Business School (Stellenbosch)

PUBLICATIONS

- 1992: A multi-disciplinary Education Clinic for Rural Diabetics in KwaZulu. **South African family practice**, 13(8): 360-366.
- 1994: The strategic role of women in the promotion of development and

- education in communities. Proceedings of the International Consumer Science day. Department of Human ecology and Dietetics, UWC. Cape Town. Editor: Ms. PS Daniels.
- 1995: The needs of pregnant teenagers. Proceedings of the Third national Congress of the Home Economics Association of South Africa, Stellenbosch.
- 1998: Human ecology and empowerment. **Journal of Health and Community Sciences**, (UWC), 5(1): 1-11.
- 2001: Increased accountability through empowerment assessments. **People Dynamics**, 19(2): 20-22.
- Power to the people. **People Dynamics**, 19(4): 32.
- 2001: Patterns of empowerment in individuals through the course of a life-skills programme in South Africa. **Studies in the Education of Adults**, 33(2): 180-200.
- The effect of a self-development programme on the empowerment of workers in South Africa. Proceedings of the International Conference, *Lifelong learning: Developing Human and Social Capital*. Nottingham (U.K).
- 2004: Planning programmes for empowerment: Case studies from South Africa." Proceedings of the International Adult Education conference, *Adult education and poverty reduction: a global priority*. Gaborone (Botswana).
- 2005: Increased Accountability through Monitoring Empowerment Programmes. **Journal of Family Ecology and Consumer Science**, 33: 31-36.
- Changing behaviour: the continuing dilemma. **South African Association for Family Ecology and Consumer Science Gazette**, (2): 4-5.
- 2007: Entrepreneurial skill development: Participatory action research approach in a rural community. **Journal of Family Ecology and Consumer Science**, 35: 9-19.
- 2008: Accepted or rejected: editors' perspectives of common errors **Acta Academica**, 40(4): 270-288.
- Taking the sting out of thesis evaluations. **South Africa Journal of Higher Education**, 21(8): 1206-
- Factors determining the vulnerability of women to sexually transmitted HIV: A literature review. **Health SA Gesondheid**, 13 (3):69-82.
- Profiling exiting postgraduate students' performance and experiences. **South Africa Journal of Higher Education**, 22(4): 749-772.
- 2009: Research within the context of community interaction. In Bitzer EM (Ed): **Higher education studies and research in South Africa: Some perspectives and themes**.
- `n Holistiese behuisingsevalueringsmodel: `n Instrument vir ontwikkelingspraktisyns in laekoste behuising. **Journal of Family Ecology and Consumer Science**, 37: 35-44.

- 2010: Transformation through training: application of emancipatory methods in a housing education programme for rural women in South Africa. **Community Development Journal** 45 (2):149-168.
- An integrated community engagement initiative in the rural town of Darling, South Africa. **Journal of Family Ecology and Consumer Science**, 38(3): 23-29
- Meta-Action Research on a Leadership Development Program: A Process Model for Life-long Learning. **Systemic Practice and Action Research**. 23(6):487-587
- The Socratic Approach: Adult leaning perspectives. **Acta Academica Supplementum**. (1):75-102.
- Late entrants into the academic profession: Conceptual constructions of hope in a faculty of Education. **South African Journal of Higher Education**. 24(3): 72-86.
- Recognition of prior learning in promoting lifelong learning: A pedagogy of hope or a shattering of dreams? **South African Journal of Higher Education**. 24 (3): 147-158.
- 2011 Writing for publication: An intervention to overcome barriers to scholarly writing. **South African Journal of Higher Education** 25(4): 741–759.
- Alternative approaches to postgraduate supervision: a planning tool to facilitate supervisory processes. **South African Journal of Higher Education** 25(5): 25-38.
- 2012 *Siyazama* entrepreneurial development project: Challenges of a community-university partnership within a Faculty of Theology. **Acta Theologica**. In print

CONFERENCES AND WORKSHOPS

- 1989: Rural Health Conference, Kwanzimela, KwaZulu Natal, October.
Poster presentation: "Women's groups at the Emmaus Community project"
- 1991: National Consumer Science Conference, Pretoria, July.
Paper: "Evaluation of the Home Economist's contribution to increase knowledge in a week-long holistic approach education clinic for rural diabetics in KwaZulu"
NGO Conference, Stellenbosch
- 1993: HSRC Summer School, Qualitative Research course, Cape Town, November.
- 1994: International Consumer Science day, Department of Human Ecology and Dietetics, UWC, March.
Paper: "The strategic role of women in the promotion of development and education in communities"
- 1995: Employing paraprofessionals to deliver community-based home economics education programmes. Workshop presented by NB Leidenfrost at UWC, July.

- Consumer Science Association of South Africa, Third national congress, Stellenbosch, July.
Paper: "Empowerment for our target group and ourselves"
Poster: "The needs of pregnant teenagers"
- 1997: Home Economic Association for Africa, Conference in Kampala, Uganda, July.
Paper: "The effect of a training programme on the empowerment status of women"
- 2000: Free to Grow Conference, Cape Town, October.
Paper: "The effects of a life-skills programme on the empowerment of workers"
- 2001: Attended CHESP workshop at UWC, March.
Consumer Science National Conference, Pretoria, July.
Paper: "The effect of different teaching methods on transformation, empowerment and knowledge in Adult education"
Poster: "Empowerment: a tool for measuring outcomes"
- Conference, "Charting a new course: Globalisation, African Recovery and the New Africa initiative", Cape Town, November.
- 2002: Attended training on use of WebCT, Stellenbosch University, April.
Conference, "Lifelong learning: Developing Human and Social Capital", Nottingham, U.K., September.
Paper: "The effect of a self-development programme on the empowerment of workers in South Africa"
- 2003: Attended Assessor training workshop at UWC, February (successfully completed, accredited assessor)
Social Development Conference, Stellenbosch University, June.
6th World Congress, "Action Learning, Action Research & Process Management (ALARPM)", Pretoria, September.
Paper: "The effect of participatory action research on transformation, empowerment and knowledge in adult education"
- SAAF ECS National conference, Bellville, Cape Town, September.
Paper: "Gender different responses to an empowerment intervention"
- Children as Worthy Citizens. Child and Youth Research and Training, UWC, November.
Report Writing, UWC, November.
- 2004: Poverty Conference, Bellville, March.
International conference, Gaborone, Botswana, 14-16 June.
"Adult education and poverty reduction: a global priority"
Paper: "Planning programmes for empowerment: Case studies from South Africa."
Poster: "Empowerment: a tool for measuring outcomes"
- Workshop on research supervision presented by Prof. Johan Mouton, SU, August.

- Writing articles for publication, UWC, August.
 Advanced Excel training course, UWC, November.
 Workshop on Participatory Action Research (attended one-day session), Stellenbosch. November.
- 2005: Workshop for Infant Feeding Research Project, Tygerberg, June.
 Organization for Social Science Research in Eastern and Southern Africa, Cape Town, 30 September.
Paper: "Empowerment and sustainable human development"
 Conference on Service Learning, Stellenbosch, November.
- 2006: Workshop on Action research / Action learning, Stellenbosch, February.
 SAAFECs National conference, Bellville, Cape Town, July.
- 2007: Postgraduate supervision: Stellenbosch. 23-26 April.
Paper: An action leaning approach to the writing of journal articles
Paper: Accepted or rejected... editors' perspectives on common errors
Paper: Laying the foundation: capacity building for supervisors
 Researching Transitions: Stirling University May 2007-12-14
Paper: Exit Questionnaire for postgraduate students
 Critical reader for THREE Writing for Publication workshops (Stellenbosch University)
- 2008: Critical reader for Writing for Publication workshops (beginner and advanced) at Stellenbosch University, Midrand and Nelson Mandela Metropolitan University.
 Higher education Close Up 4: University of Cape Town, June 2008
Paper: Academic professional development by higher degree: A possibility for facilitating the teaching research nexus and integrated scholarship.
 Academy of Teaching and Learning. Stellenbosch University: May 2008
Paper: An audible voice for Master's and Doctoral students' study experiences
- 2009: Critical reader for Writing for Publication workshops at Stellenbosch University and Tswane University of Technology
 Critical reader for Advanced writing for publication Retreat. Stellenbosch University; Nelson Mandela Metropolitan University, Development Bank of South Africa & TUT; Postgraduate supervision workshop, Stellenbosch University; Proposal writing, Stellenbosch University.
 Postgraduate supervision: Stellenbosch.
 Paper: Supervisor responses to the students' voice
 Paper: The Socratic Method: Exploring critical questioning as a pathway to student independence
 Workshops presented: Conducting interviews workshop. Nelson Mandela Metropolitan University.
 Action Research workshop. Nelson Mandela Metropolitan

- University.
- 2010 Workshops presented and/or co-presented:
Critical reader for Writing for Publication and Advanced writing retreat workshops at Stellenbosch University, CUT, Unisa; Selecting articles from theses. Action Research, Proposal Writing, Postgraduate Supervision, Conducting interviews and focus groups, Introduction to using ATLAS.ti for Qualitative Data Analysis.
- 2011 Postgraduate supervision: Stellenbosch
Paper: Alternative approaches to postgraduate supervision: A planning tool to facilitate supervisory processes
Paper: Facilitating a higher level of conceptualisation in postgraduate education
Workshops presented and/or co-presented:
Critical reader at writing for publication workshops: Bloemfontein, Unisa, Stellenbosch
Selecting articles from theses, Proposal Writing, Introduction to using ATLAS.ti for Qualitative Data Analysis: TUT, Pretoria, Stellenbosch
Writing for International journals: Stellenbosch: Bloemfontein
- 2012 Critical reader at writing workshops: Stellenbosch, Cape Peninsular University of Technology, Bloemfontein
Action Research for Community Engagement: Bloemfontein

RESEARCH

- 1989: "Evaluation of the Home Economist's contribution to increase knowledge in a week-long holistic approach education clinic for rural diabetics in KwaZulu" Research conducted in KwaZulu Natal.
- 1995: "The effect of a training programme on the empowerment status of women"
Research conducted at Bergzicht Training Centre, Stellenbosch.
- 2000: "Educational perspectives on the empowerment of workers."
Research conducted in organisations in the Western Cape.
- 2001: Evaluation research conducted in three companies in Namibia and South Africa.
Evaluation research conducted in one Community development project.
- 2002: Qualitative evaluation research conducted in the Victims of Torture project in Namibia.
Pilot study conducted for Woolworths Cape Town regarding the effect of two different training programmes on the empowerment of workers.
Research for programme design in a small business project involving women from Khayelitsha.
- 2003: Evaluation research conducted in one Community development project.

- 2004: Pilot study conducted for the University of Witwatersrand, Johannesburg.
Empowerment evaluation for the Vrygrond development programme.
- 2005: Empowerment assessment of HIV peer educators training programme, UWC. Bellville.
Assessment for life skills training for farming empowerment project in Paarl.
Infant Feeding Research Project.
- 2006: Survey of the Experience of the Implementation of the Stellenbosch University Language Policy and Plan. Centre for Teaching and Learning, SU
Editors of accredited journals in South Africa. Centre for Higher and Adult Education, SU
Evaluation of writing for publication workshops. Centre for Higher and Adult Education, SU
- 2007: Exit questionnaire for Postgraduate students at the Centre for Adult and Higher Education, SU
Investigation of experiences of higher education alumni in the workplace
- 2008: Programme evaluation: Paarl Youth Initiate. (leadership development programme for under-privileged farm children)

Development of a monitoring tool for a corporate social responsibility project
- 2009: Follow-up survey for Writing for Publication workshops
Evaluation of Further education and Training leadership development programme
- 2010 University of Stellenbosch (Science Faculty tutorial programme)
Ford Foundation in collaboration with the Centre for Higher and Adult Education, University of Stellenbosch (FET sector - career development of potential leaders)
University of Stellenbosch Models of postgraduate supervision (FIRTL funded research project)
- 2011 Large class project (University of Johannesburg)
- 2012 Currently involved in two research projects (Education research methodology; Postgraduate supervision)

EXAMINATION OF THESES

- 2000: University of the Western Cape, Master's thesis: "An investigation into the relationship between tuberculosis (TB), medication and eating habits of low socio-economic status tuberculosis patients in the Eastern Cape".
- 2002: Stellenbosch University, Master's thesis: "Evaluation of an entrepreneurial skills training programme in a rural community where the participatory action research approach was followed".

- 2003: Stellenbosch University, Master's thesis: "Entrepreneurial development through non-formal adult education and skills training in a rural community".
Stellenbosch University, Master's thesis: "Ondersoek na moontlikhede vir entrepreneuriese ontwikkeling in 'n landelike toerisme area" (*trans.* "Possibilities for entrepreneurial development in a rural tourism area").
- 2004: University of the Western Cape, Master's thesis: "Factors affecting women's perception of their occupational attire".
Potchefstroom University, Master's thesis: "'n Opvoedkundige intervensieprogram vir vroulike plaasbewoners gerig op inkomstegenerering: vervaardiging van interieurprodukte" (*trans.* "An educational intervention programme for females on farms regarding the generation of income from the production of interior products").
- 2005: Stellenbosch University, Master's thesis: "Post-occupancy evaluation of state-subsidised housing units in Kayamandi, Stellenbosch".
University of the Western Cape, Master's thesis: "HIV/AIDS knowledge, attitudes and risky sexual behaviours of college students at Nazarene Teacher Training College in Swaziland: a descriptive study".
Stellenbosch University, Master's thesis: "An evaluation of the Bergzicht Training Centre as a model for a community learning centre".
Potchefstroom University, Master's thesis: "Die ontwikkeling van 'n opvoedkundige intervensieprogram vir vroulike plaasbewoners gerig op die herstel en herwinning van klere en tekstielartikels. (*trans.* "An educational intervention programme for females on farms regarding the repair and recycling of clothing and textile articles")
Stellenbosch University, Doctoral dissertation: "The development, implementation and evaluation of a housing education literacy programme for semi-literate recipients of government subsidised housing".
- 2006: Stellenbosch University, Master's thesis: "An action research inquiry into outcomes-based education and training in an adult learning environment at the forensic Laboratory".
- 2007: Venda University, Master's thesis: "Household energy needs and food security in Mutale Municipal Area, Limpopo Province, South Africa"
- 2008: North West University, Master's thesis: "Hospitality industry consumers' behaviour towards textile products on offer by rural women entrepreneurs in the Vredefort Dome"
- 2009: North West University, Master's thesis: "The influence of packaging of cold food chain food products on consumers' purchasing decisions: an exploratory study"
University of the Western Cape, PhD thesis: "A Framework for

- Evaluating an Introductory Statistics Programme at the University of the Western Cape”
University of KwaZulu Natal, Master’s thesis. “Assessing the impact (significance) of public participation in environmental decision making in Environmental Assessment (EIA) – a case of Sani-Pass road Upgrade Project (Phase I)”
- 2010 University of KwaZulu Natal, Master’s thesis. “Theatre for Change: Climate Change Knowledge Translation in a Peri-Urban Context
North West University, PhD thesis: “Consumer attitudes towards rural water provision and learning strategies to enhance community participation: the case study of Madibogo, North-West Province.”
North West University, Master’s thesis: “An education and training programme as a strategy to improve consumers’ knowledge and operation towards basic water utilization.”

EXPERIENCE

- **Pre-graduate instruction:** Adult Education, Community Development and Nutrition, Housing, Management and Decision-making, Research methodology
- **Postgraduate instruction:** Honours - Adult Education, Research Methods, Community Nutrition, Housing; Master’s - Research Ethics, Research Methods, Community Development, Lifelong learning, Continuing Professional Education, Scholarship in Higher Education
- **Community work:** Field work in Grabouw; Community development work in Belhar, Mfuleni and Gugulethu; Needs assessment with 4th year students amongst residents of an informal settlement in Grabouw; Evaluation of community training project in Khayelitsha; Internships for Community Development and Nutrition in Delft, Bloekombos, Khayelitsha, Kayamandi and Gugulethu, Paarl Youth Initiative, Capacity building for HIV/AIDS workers
- **Pre- and postgraduate supervision of research projects:**
 - "The needs of pregnant teenagers" (1995-Honours, UWC)
 - "The effect of a Non-formal education course on behaviour and attitude of women attending homecraft clubs" (1996-Honours, UWC)
 - “Die invloed van verskillende opvoedingsmetodes met die aanbied van ‘n behuisingsgeletterdheidsprogram” (2000-Master’s, SU)
 - “Determining needs satisfaction of women participants attending Human Ecology Programmes in Kuilsriver.” (2003-Honours, UWC)
 - Research supervision for three Human ecology final year projects (2003, UWC)
 - “The sustainability of activities following an entrepreneurial skills training programme in a rural community” (2004-Honours proposal, Consumer Science, SU)
 - Research supervision for three Human ecology final year projects (2004, UWC)

Research supervision of seven Housing final year students' research projects at the Department of Consumer Science. 2005.

“Programme for empowerment of ‘Learn To Earn’ participants in the Fisantekraal community” (2003-Master’s, UWC)

“Factors influencing women’s ability to adopt protective behaviours to minimise risk of acquiring sexually transmitted HIV infection” (2005-Master’s student in Nursing, UCT)

Research supervision of seven Housing final year students' research projects at the Department of Consumer Science. 2005.

“Assessment of needs for business skills training of crafters at the Greater Stellenbosch Development Trust.” (Master’s Human Ecology, UWC, 2008)

“Reasons HIV-positive individuals do not make use of the counselling support services provided by Philippi Trust.” (Master’s Human Ecology, UWC, 2008)

“Development of a holistic evaluation model for healthy low income housing – the case of Wesbank.” (Ph.D. in Human Ecology, UWC, 2008)

CURRENT:

Co-supervisor for PhD: Occupational therapy, Stellenbosch University

Supervisor for Masters’ students in life-long learning, Stellenbosch University

• **External examiner:**

2000: Community Nutrition Master’s thesis, UWC

2002-03: Three Master’s theses, SU

2004-05: Two Human Ecology Master’s theses, UWC

Two Family and Consumer Science Master’s theses. Potchefstroom University

2005: Housing Master’s thesis, SU

Adult Education Master’s thesis, Education Department, SU

Ph.D. Consumer Science dissertation, SU

2006: Adult Education Master's thesis, Education Department, SU

2007: Community Resource management Master’s thesis, Venda University

2008: Community Development Master’s thesis. Consumer Science Department. North West University

2009: Two Family and Consumer Science Master’s theses. North West University

Master’s proposals. Department of Community Resources. University of KwaZulu Natal.

One PhD thesis Statistics department. University of the Western Cape.

One Master’s thesis, Geography department. University of KwaZulu Natal

2010 One Master’s thesis Department of Community Resources. University of KwaZulu Natal

One PhD Thesis. School of Physiology, Nutrition and Consumer Sciences. North West University.
One Master's Thesis. Consumer Science. North West university

- **Researcher:**

- 2005: Collaborative research project - *Infant Feeding Research Project* (IFRP)
- 2006: Project Manager- Centre for Teaching and Learning, SU
- 2006-2012: Researcher Centre for Higher and Adult Education, SU; Monitoring and Evaluation of projects

- **Consultant:**

- 2001-2011: Evaluation for companies and community development projects on consultation basis. Qualitative data analysis for research projects

- **Reviewer:**

- 2009-2012: Higher Education Journal; International Journal for Researcher Development
- 2009: African Agricultural review

AWARD

- 1986: Merit award for Teaching, Cape Education Department, Cape Town.
- 1995: The Mattie Jooste Award from the Department of Consumer Science, Stellenbosch University for best postgraduate student.
- 2012: Emerald Literati award for outstanding review. Best reviewer in the International Journal for Researcher Development in 2011.