'N HISTORIESE OORSIG VAN KOSHUISRUGBY OP STELLENBOSCH

Isabelle E. HUYS & Floris J.G. VAN DER MERWE
Departement Sportwetenskap, Universiteit Stellenbosch, Stellenbosch, Republiek van Suid-Afrika

ABSTRACT

It is commonly agreed that the Stellenbosch Rugby Football Club is the biggest rugby club in the world and rugby played between the men's residences (“koshuisrugby”) forms an important section of this club. The purpose of this study was to document the origin, formation and activities of the men’s residence rugby, or better known as “koshuisrugby”. As this study was sport-historically orientated, the historic-scientific method was applied. Preference was thus given to primary sources of information. These sources included minutes, annual reports, reports of annual meetings and special meetings of the Stellenbosch Rugby Football Club, as well as interviews with people involved in the club. Personal correspondence and interviews were also conducted with the students and wardens of the various male residences. Secondary sources of information included University publications, books, articles and newspapers. This article covers the leagues, trophies, rules of “koshuisrugby” as well as the sponsors over the period 1949 to 2006.

Key words: “Koshuisrugby”; Rugby; Stellenbosch; Stellenbosch Rugby Football Club.